

# LOVE IS NOT EASILY ANGERED

40 Days of Love • Part 6

November 12, 2017

*"Love is not easily angered."*

**1 Corinthians 13:5 (NIV)**

## HOW DO YOU TAME YOUR TEMPER?

### • RESOLVE \_\_\_\_\_

*"A fool gives full vent to his anger,  
but a wise man keeps himself under control."*

**Proverbs 29:11 (LB)**

### • REMEMBER \_\_\_\_\_

*"A hot-tempered man...gets into all kinds of trouble."*

**Proverbs 29:22 (LB)**

**Proverbs 15:18 (GN)** *"Hot tempers cause arguments."*

**Proverbs 14:29 (LB)** *"...anger causes mistakes."*

**Proverbs 14:17 (GN)** *"People with hot tempers do foolish things."*

*"The fool who provokes his family to anger and resentment will finally have nothing worthwhile left."* **Proverbs 11:29 (LB)**

### • REFLECT \_\_\_\_\_

*"A stupid man gives free rein to his anger;  
a wise man waits and lets it grow cool."*

**Proverbs 29:11 (NEB)**

*"A man's wisdom gives him patience."* **Proverbs 19:11 (NIV)**

#### ASK 3 QUESTIONS:

\* **WHY** \_\_\_\_\_ ?

\* **WHAT** \_\_\_\_\_ ?

\* **HOW** \_\_\_\_\_ ?

*"Lord, help me control my tongue; help me be careful about what I say."*

**Psalm 141:3 (NCV)**

*"Drinking too much makes you loud and foolish.*

*It's stupid to get drunk."*

**Proverbs 20:1 (TEV)**

### • RELEASE \_\_\_\_\_

*"If you become angry, don't let your anger lead you into sin."*

**Ephesians 4:26 (GN)**

*"A gentle answer quiets anger,*

*but a harsh one stirs it up."*

**Proverbs 15:1 (TEV)**

### • RE-PATTERN \_\_\_\_\_

*"Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think."*

**Romans 12:2a (NLT)**

*"Keep away from angry, short-tempered people,*

*or you will learn to be like them..."*

**Proverbs 22:24 (LB)**

### • RELY \_\_\_\_\_

*"Patience and encouragement come from God. I pray God will help you all agree with each other the way Christ Jesus wants."*

**Romans 15:5 (NCV)**

*"The fruit of the Spirit is...patience."* **Galatians 5:22 (NIV)**

*"Whatever is in your heart determines what you say."*

**Matthew 12:34 (NLT)**

*"I'll give you a new heart, put a new spirit in you. I'll remove the stone heart from your body and replace it with a heart that's God-willed, not self-willed."* **Ezekiel 36:26 (Mes)**